


# GLENBEIGH

ANNUAL REPORT 2014





**Glenbeigh**  
ACMC Healthcare System

An affiliate of  
 **Cleveland Clinic**

A MESSAGE FROM THE CHIEF EXECUTIVE OFFICER,  
**PAT WESTON-HALL**

Dear Friends of Glenbeigh,

People whose lives have been turned up-side-down by addiction often search for defined answers. Addiction and the recovery journey are like a piece of art. A stroke of color represents an experience that adds a new dimension. Each step on the recovery path adds a unique quality to an individual's canvas. Just as no two works of art are identical, no two recovery journeys are the same.

This year's annual report design features graffiti. One may ask what the connection is to recovery but it is simple. When the average person sees graffiti, they only see it as vandalism, gibberish painted on walls. Others see beyond the paint. They see the beauty of the lines and the colors. They consider graffiti a work of art, something to be preserved.

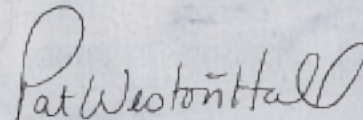
Many people look at those suffering with addiction and only see the negative. They don't see the small pieces of a good person hidden away unnoticed. Each person has the potential to restore their life when they embrace recovery.

Like an artist, Glenbeigh addresses the individual's addiction on multiple levels. We peel away the layers of color then give the patient the tools needed to paint a new picture and create a new future. At Glenbeigh, we understand the uniqueness of each individual. When a patient arrives, we take the time to learn about their life and family. Our staff connects because many have faced the same inner struggles.

Achieving long-term recovery isn't easy. Loved ones often expect a quick "fix" for the problems that took years to build. Recovery cannot be defined as a single thing. It is as unique as a piece of art in progress. Every person takes a different path and the journey is painted with different experiences and relationships.

This annual report shows both our clinical side and how Glenbeigh continues to support recovery efforts throughout our service communities. It is my pleasure to share these accomplishments with you. We thank you, our alumni, families, friends and staff for all you do for the recovery community and to help individuals achieve their dreams.

**Helping others is the foundation of our work,**



Pat Weston-Hall

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## MISSION

To provide the highest quality care to adults, age 18 and over, suffering from alcohol or drug addiction.

## VISION

With treatment, people heal, families heal and communities heal. Dignity and self-worth are restored.



Glenbeigh is a non-profit, Joint Commission accredited, specialty hospital. The 2014 Annual Report is published by Glenbeigh for alumni, friends, family, staff, referent partners and members of the recovery community.

If you have received this publication in error, or if you wish to be removed from our mailing list, please contact Carrie Artman at 440-710-3244 or email [carrie.artman@glenbeigh.com](mailto:carrie.artman@glenbeigh.com). Be sure to include your name and mailing address.

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Pat Weston-Hall

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TRIAD




Walking up to the doors of Glenbeigh, my mind was reeling as my fingers clenched tightly to the handle of my suitcase. This is where my ten year drug and alcohol addiction had brought me; I was wounded and scarred.

Earlier, when packing for rehab, everything I thought I needed went into that suitcase—including my addictive lifestyle. There it could wait for me. Upon returning home, the suitcase went into a closet, never unpacked. I was afraid to open it; afraid that life would consume me again. For an entire year, I avoided that suitcase nonetheless it never left my mind.

After an especially rough week, my mind was filled with thoughts of returning to the life the now-dusty suitcase held. Instead, I found myself at a Glenbeigh alumni meeting. There, a young man spoke. He was 2 years sober and struggling. I was stunned when he talked about the unpacked suitcase in his closet. He said it haunted him, as though it was waiting to take him back to his old life.

At that moment, my thinking changed. I recognized my addictive nature; I could not nor would not dwell any longer on its destructive thoughts. It wasn't the suitcase; it was what I still had packed inside me that needed nurtured.

***“It wasn't the suitcase; it was what I still had packed inside me that needed nurtured.”***

A close-up photograph of a woman with teal eye makeup and a hand to her mouth, looking thoughtfully at the camera. She is in a hallway with a graffiti-covered wall and a metal railing. The background is slightly blurred, showing a tiled floor and a wall with various colorful graffiti tags and designs.

That very night, I slowly and deliberately pulled that suitcase down, going through each item, cleaning it out completely. The next week the suitcase was in the garbage. I've been renewed since that day. Admittedly I think about it once in a while, but it no longer consumes my thoughts. I am free and now I can travel with a new crowd—a family of people in recovery.

—PETE B.

## SERVICE REPORT

Like artwork, people are unique. Glenbeigh understands that no two people have the exact same needs when it comes to treatment for alcohol and drug addiction. We embrace individuality and work with each patient to create a treatment plan that takes into account lifestyle and support structure.

Both inpatient and outpatient treatment is part of the recovery journey. At Glenbeigh, our compassionate caregivers work closely with patients and their loved ones to create realistic, achievable, recovery goals. We provide the tools needed to live a drug free, healthy life.

Glenbeigh's family is 60,000 strong. Many of our caregivers have a personal connection to, and professional understanding of, addiction and recovery. This combination of experience and background gives staff extraordinary insight, allowing them to form a bond with patients and family members.

To provide ease of access, Glenbeigh has outpatient centers in Beachwood, Canton, Niles, Rocky River and Toledo in Ohio, as well as in Erie, Pennsylvania. These centers concentrate on comprehensive outpatient assessments, intensive outpatient programs, continuing care and family groups. Three centers offer groups for professionals.

Among the top providers for treating addiction, Glenbeigh is accredited by the Joint Commission and proudly carries the gold seal. We adhere to the highest national standards for both treatment and setting. Counselors work with patients from the moment they arrive until they are discharged. Once an individual returns home, they remain part of the Glenbeigh family.





## I'M NOT ALONE

This is my struggle, my fight and I will win. Addiction may wage a war but it will not take me prisoner. It's in my blood and clouds my judgement but not my heart. I know I'm not alone in this struggle. Given direction from others who have fought the same battle, I'm prepared for what addiction will throw at me. The fellowship I've found provides me with the strength to overcome an enemy that doesn't like to be ignored. Day by day, hand in hand, one step at a time.

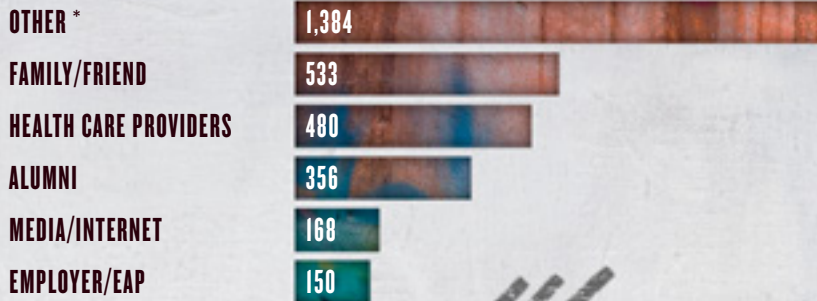
—LAUREN V.

*“I know I'm not alone in this struggle.”*

# REFERENTS

Referents live and work in communities and see first-hand the devastating impact addiction has on families. Referents are advocates for treatment. Their role depends on their relationship with the individual seeking help. Referents may act as a liaison between the patient, treatment provider and employer. Glenbeigh interacts with a national network of referents and referral agencies. We work with each to define the required level of involvement in the treatment process and to ensure the patient receives the best care possible.

## REFERENT TYPES



*"Miracles"  
Happen*

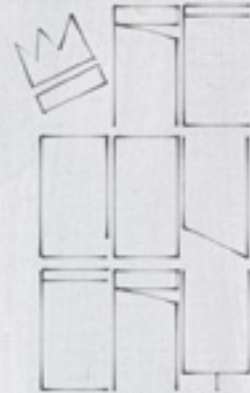
\* Other consists of: Other Treatment Centers, County Mental Health Service Providers, Attorneys, Churches, Crisis Centers, Private Social Service Agencies, Local and State Municipalities and Private Practitioners.

## REMARKABLE THINGS FOLLOW ENLIGHTENMENT

More patients are turning to me for advice to help them with someone in their family who's struggling with addiction. As a physician, I know addiction doesn't affect a specific "type" of person. It's permeating our culture, killing young adults, the middle aged and our seniors. Addiction has no respect for one's profession or background. Getting help can be complicated but Glenbeigh keeps it simple. They listen and they care.

Glenbeigh provides the medical treatment needed to detox and the tools to work through the physical and mental cravings that follow. I know first-hand because I'm a Glenbeigh alum. I care about my patients so I send them to the place that helped me. It's that simple.

—MICHAEL S.



*“Getting help can be complicated but  
Glenbeigh keeps it simple.”*



## PATIENT REPORT

Glenbeigh maintains an on-going commitment to providing premier patient care. We provided the following services during 2014:

### **3,071 INDIVIDUALS WERE ADMITTED FOR INPATIENT TREATMENT AT ROCK CREEK.**

A 6.15% INCREASE OVER 2013 ADMISSIONS

INPATIENT TREATMENT DAYS INCREASED 4.8%

### **49,869 SERVICES WERE PROVIDED AT GLENBEIGH'S OUTPATIENT CENTERS.**

A 6.2% INCREASE OVER 2013

INTENSIVE OUTPATIENT TREATMENT VISITS – 28,143

ASSESSMENTS – 1,479

INDIVIDUAL COUNSELING – 9,110

GROUP COUNSELING – 11,137

With the addition of 10 beds in The Gatehouse, Glenbeigh can now accommodate up to 172 patients at the Rock Creek facility; 33 beds are dedicated for medically supervised detoxification while 58 beds accommodate extended care. During extended care, patients participate in programs that afford extra time to make the necessary changes needed to maintain long-term recovery. Another 29 sober living beds are available offsite at the Glenbeigh Outpatient Center of Niles.



GLENBEIGH

Glenbeigh is nationally recognized for providing premier alcohol and drug rehabilitation. Through 2014, individuals were admitted from the following states: Ohio, Pennsylvania, West Virginia, Michigan, New York, Florida, Indiana, Virginia, California, Georgia, Illinois, Maryland, Missouri, South Carolina, Colorado, Delaware, Iowa, Kentucky, North Carolina, New Jersey, Rhode Island and Texas.

**OHIO - 2,244**

**PENNSYLVANIA - 676**

**WEST VIRGINIA - 47**

**MICHIGAN - 41**

**NEW YORK - 29**

**OTHER STATES - 34**

## NO MORE FEAR

I tried to control my life on my own. I could run from the bottle, but I could not hide. Believing deep inside that it was impossible for me to change I caused nothing but hurt and loneliness. When I cried out for help, a hand reached down and showed me the path to recovery. My tomorrows are now filled with hope, peace and love. No more shame, guilt or uncertainty. No more lies or fears. I'll stay strong and follow the direction I've been given. I'm making amends and building my tomorrows on a solid foundation.

—PHIL B.

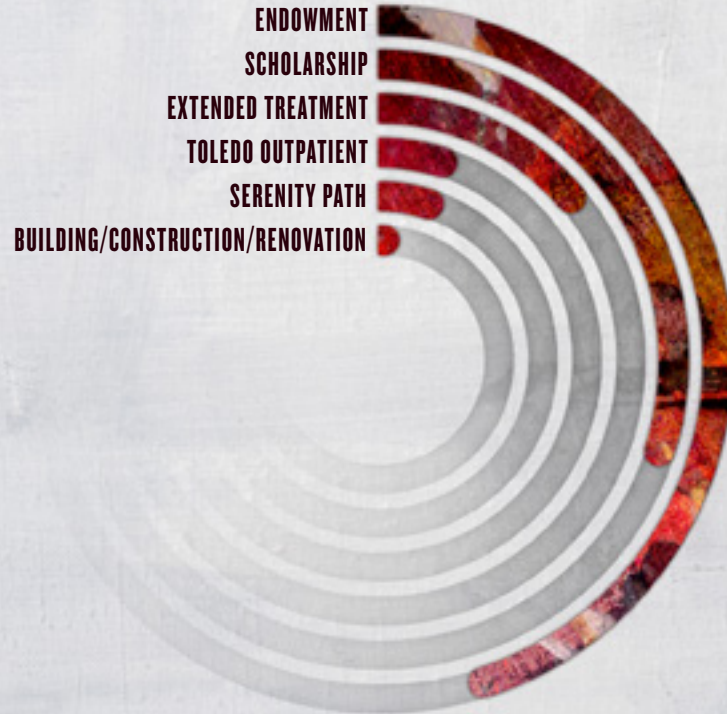
*“My tomorrows are now filled with hope, peace and love.”*

# GRATITUDE

For some, the memory of being at Glenbeigh represents a time of pain and disconnect. However many alumni and family members recognize that without the Glenbeigh experience, life would not have improved. For our donors, the tradition of giving back means generously contributing to help others who are struggling with the pain of addiction.

Donations provide resources used to assist patients and provide sober events. Alumni, family, friends, staff, businesses and foundations play a vital role in our fundraising efforts. During 2014, donors provided the following financial support for strategic areas of growth.

## ALLOCATION OF DONATIONS



## SHARING MIRACLES

Glenbeigh is grateful to everyone who made contributions allowing us to provide care to those in need of assistance. While donors are not acknowledged by name, they understand that those patients benefiting from their philanthropy are grateful because they are shown that someone believes recovery is a gift worth sharing.

**\$4.9 MILLION IN CHARITABLE CARE WAS PROVIDED DURING 2014.**

**4,488 SCHOLARSHIPS WERE DISTRIBUTED TO SUPPLEMENT INPATIENT AND OUTPATIENT TREATMENT.**

Our daughter, an alcoholic, was on the road to destruction, separated from friends, family and God. Her struggles created a devastating ripple effect that reached much further and created more havoc with relationships than we ever imagined or understood. She was afraid she wouldn't get better. We learned from the rehab experience that real recovery happens when the individual undergoes a spiritual transformation.

The family counseling sessions remain the most emotionally profound experiences of our life. They allowed us to see God's love in an entirely new light. Without the family programs we would not have healed.

Thank you for allowing us to see through the fog and for helping our daughter discover a new road to follow. She is three years sober and our family has not forgotten the impact you had on our lives. We pray for your work with other daughters and sons and hope our donation helps them find the peace we've been blessed with.

—ANGIE'S FAMILY

*“...real recovery happens when the individual undergoes a spiritual transformation.”*





## COMMUNITY BENEFIT

Welcome to Glenbeigh's Community Benefit Report encompassing the year 2014. For 33 years, Glenbeigh has been dedicated to providing health and hope to individuals and their families struggling with drug and alcohol addiction.

Glenbeigh is committed to nurturing a sober living environment. Each year, a plan is created to address the needs of those in recovery and of underserved persons in our communities. Community Benefit includes: provision of education to colleagues in the caregiving field; hosting fun, sober events for the recovery community; and offering programs that benefit the loved ones of those suffering with active addiction or who are in recovery. Community benefit is not only for Glenbeigh alumni, it is our commitment to provide meaningful programs that improve the lives of all community residents.

As a non-profit specialty hospital, Glenbeigh promotes health and healing through our charitable contributions and our community involvement. Glenbeigh leads in providing treatment for alcohol and drug addiction and we share our expertise with other healthcare professionals, students and the general community as part of our outreach.

**The programs highlighted in this report demonstrate our dedication to the recovery community, to those who work in the chemical dependency field and those who live in our neighborhoods.**

## SERVICE AREA

Glenbeigh is a community partner. We work with treatment providers, service agencies, county entities, schools and churches to secure appropriate care for people of all income levels. Outreach addresses the pervasive abuse of prescription and illicit drugs and is offered to families, businesses and caregivers to fulfill the needs of people living in our extended service communities. Glenbeigh is committed to providing affordable treatment options for adults with alcohol and drug addictions.

Glenbeigh treated patients from 75 of Ohio's 88 counties, from 29 Pennsylvania counties and from 21 additional states.

### GLENBEIGH'S COMMUNITY BENEFIT SERVICE AREAS INCLUDE:

#### WESTERN PENNSYLVANIA

ERIE COUNTY  
ALLEGHENY COUNTY

#### WESTERN OHIO

LUCAS COUNTY

#### NORTHEAST OHIO

ASHTABULA COUNTY  
CUYAHOGA COUNTY  
ERIE COUNTY  
GEAUGA COUNTY  
LORAIN COUNTY  
MAHONING COUNTY  
MEDINA COUNTY  
PORTAGE COUNTY  
STARK COUNTY  
SUMMIT COUNTY  
TRUMBULL COUNTY

Hope

Social Media allows Glenbeigh to reach far beyond our service communities. The use of Facebook and Twitter deliver daily messages of inspiration that enhance the recovery journey. Event information is posted through our social networks as well as on Glenbeigh's main website. The website provides a wealth of information to visitors researching alcohol and drug addiction, searching for help or who are looking to connect with a recovery support network.

**WEBSITE**

[WWW.GLENBEIGH.COM](http://WWW.GLENBEIGH.COM)

**FACEBOOK**

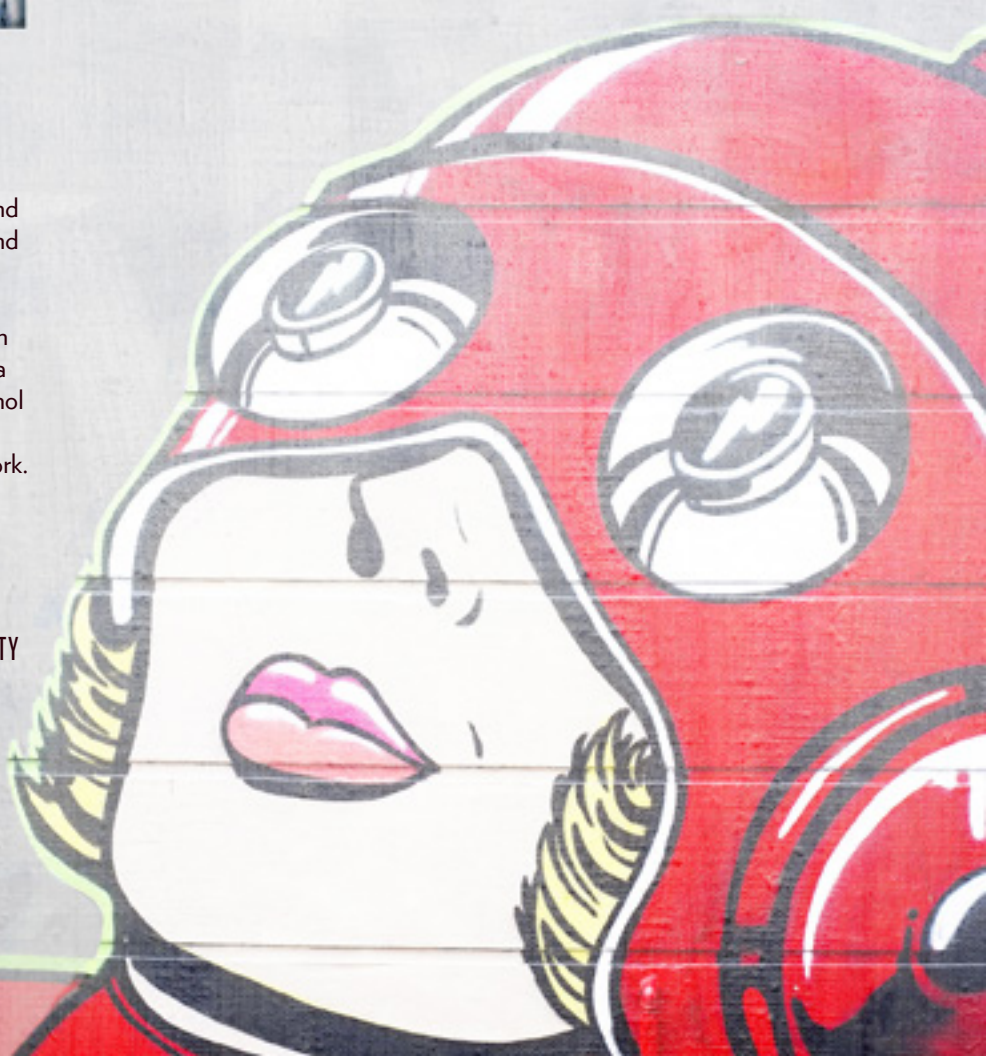
[WWW.FACEBOOK.COM/GLENBEIGHRECOVERYCOMMUNITY](http://WWW.FACEBOOK.COM/GLENBEIGHRECOVERYCOMMUNITY)

**TWITTER**

[@GR8FULADDICT](https://twitter.com/GR8FULADDICT)

**LINKEDIN**

[WWW.LINKEDIN.COM/COMPANY/GLENBEIGH](http://WWW.LINKEDIN.COM/COMPANY/GLENBEIGH)



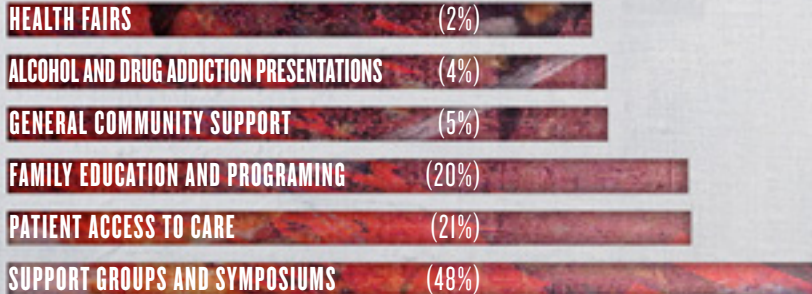
# GLENBEIGH: A COMMUNITY RESOURCE



The following graphs provide a snapshot of Glenbeigh's charitable contributions and community involvement between January 1 and December 31, 2014. In that time period, Glenbeigh invested over \$407,000, serving 9,109 individuals and organizations. This equates to each Glenbeigh employee contributing 1.39 hours per week to community benefit initiatives.

## COMMUNITY HEALTH IMPROVEMENT

Community Health Improvement includes all the activities or programs Glenbeigh implements for the purpose of improving health. These services are provided at no cost and are designed to educate. Glenbeigh's family program as well as community drug and alcohol abuse prevention, community family education and discussion series are included in this category. During 2014, over 4,300 individuals attended Glenbeigh's seminars and presentations, which focused on prevention, understanding, coping and seeking treatment for alcohol and other drug abuse or addiction.

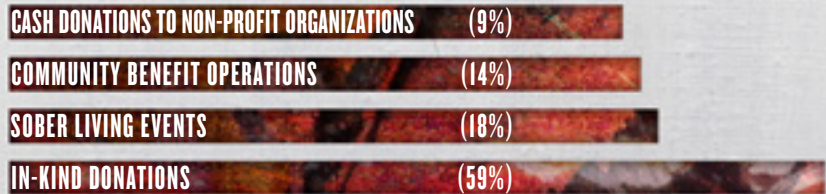
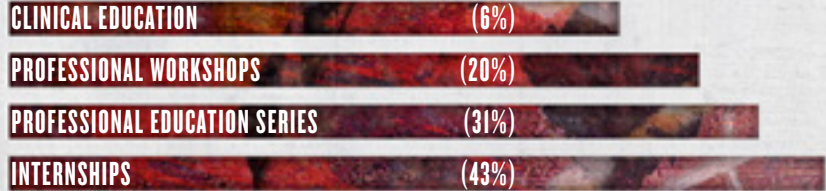


## HEALTH PROFESSIONALS EDUCATION AND WORKSHOPS

Glenbeigh provided educational opportunities for nursing, counseling and social work students and interns from the following schools: Case Western Reserve University, Edinboro University, Kent State University, Lakeland Community College, University of Akron, Stark State College, University of Southern California, University of California, Atech Career Center and Youngstown State University.

## COMMUNITY BUILDING ACTIVITIES

Addressing the needs of the community spans beyond providing addiction services. Glenbeigh sponsors initiatives that serve the recovery community and spread outside our defined service borders. The following initiatives were part of Glenbeigh's 2014 plan to meet the identified needs of our neighbors:



## SOBER LIVING:

- Sponsorship of an alcohol free zone at Eastwood Field, Niles, Ohio, home of the Mahoning Valley Scrappers
- Sponsorship of Rock & Recovery Radio – spreading positive messages of recovery nationwide
- Glenbeigh Spring Banquet
- Erie hosted a showing of Bill W. and Dr. Bob
- Glenbeigh Holiday Banquet
- Niles Memorial Day Picnic
- Rock Creek Annual Alumni and Recovery Community Picnic
- Niles Independence Day Picnic
- Niles Labor Day Picnic
- Toledo Celebrate Recovery Walk
- Pittsburgh Comedy Night
- Sahara Club Super Bowl Party

## EMPLOYEES REPRESENTED GLENBEIGH AND SUPPORTED THE COMMUNITY AT:

- Ashtabula County Public Health Advisory Team
- Ashtabula County Opiate Summit Planning Committee
- Warren and Newton Falls Drug Court
- 25th Annual National Recovery Month Celebration
- Oasis Recovery (Pittsburgh)
- LEADERship Ashtabula County
- CLEAR (Pittsburgh)
- Mt. Lebanon Drug Addiction Task Force
- Employee Assistance Professional Association
- Trumbull County Alliance for Substance Abuse Prevention
- American Cancer Society
- American Heart Association
- Ashtabula County Civic Development Corporation
- Ashtabula County Prevention Coalition
- Ashtabula County 503 Corporation
- Growth Partnership for Ashtabula County
- United Way


## GLENBEIGH BOARD OF TRUSTEES

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 **JOE GIANGOLA** – CHAIRMAN

 **SUSAN STOCKER, PH.D.** – VICE-CHAIRMAN

 **BILL DINGLEDINE** – SECRETARY/TREASURER

 **MICHAEL HABOWSKI** – PRESIDENT AND CEO

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*Design  
at  
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