

Glimmer

A Newsletter for Glenbeigh Family and Friends

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Glenbeigh's Long-Time Chief Executive Officer Retires

Pat Weston-Hall, Glenbeigh's Chief Executive Officer, retired from Glenbeigh, effective November 2, 2020. A recognized leader in Northeast Ohio, Pat led Glenbeigh through growth and transformation for over three decades.

Pat's tenure at Glenbeigh began in 1981. It was the same year the Rock Creek hospital began specializing in the treatment of adults with addiction. Pat was recruited from one of the top treatment providers in Minnesota and brought with her an understanding of the challenges of addiction and first-hand experience with successful abstinence-based programming.



During her first twelve years, Pat served as Glenbeigh's Clinical Director. She advocated for patients and families while working with referents, licensure boards and businesses. As CEO, she moved Glenbeigh forward with her quest for continual improvement. She built on the best qualities Glenbeigh offered and always considered improvements that benefitted patients and enhanced recovery. Her insight and vision helped build a vibrant extended care and sober living community long before others embraced the concept.

Pat's greatest accomplishment was assembling a team of compassionate, caring clinicians and support staff who believe people with addiction can achieve long-term recovery. Her door was always open. She supported people and encouraged them to set, pursue and achieve their goals.

Over the years, Pat served on several local boards including the Civic Development Corporation Board and the Senior Levy Advisory Board. She supported the campaigns for United Way, the American Heart Association and the American Cancer Society.

Pat's work ethic, devotion and patient focus have been exemplary. Her influence has impacted generations of people working in the addiction treatment field as well as individuals and families touched by addiction.

While we will miss Pat, we wish her the best of luck in retirement.

Glenbeigh Anniversary

Rock Creek Celebrates 40 Years of Treating Alcohol and Drug Addiction

As the 40th anniversary of the Rock Creek campus approaches, we will share stories about significant events and milestones that have made the hospital a world-class treatment provider.

Glenbeigh's rich history started in 1981 when the Rock Creek facility began treating adults with substance use disorders. It was the first addiction specialty hospital in Northeastern Ohio. It was also the first treatment center in Ohio to offer the Minnesota Model 28-day treatment program. This model promotes the use of group therapy, individualized counseling and individualized, comprehensive treatment plans to ensure patients have the most effective care that also involves family members in the recovery process.

In the mid-1990's Glenbeigh joined the Ashtabula County Medical Center Healthcare System and became an affiliate of Cleveland Clinic. Glenbeigh continued to specialize in treating adults and expanded its reputation and capacity throughout the following 25 years.

"As Glenbeigh prepares to celebrate 40 years of patient care at Rock Creek, it is important to acknowledge the significant role our extraordinary staff has played in the organization's success," said Pat Weston-Hall, who recently retired as Glenbeigh's chief executive officer. "It is their dedication to our patients and our mission that sets us apart."

Glenbeigh consistently offers high-quality, comprehensive programming for alcohol and drug addiction. It remains among the nation's leading providers of treatment services. Glenbeigh's national presence is broadened through strong relationships built on integrity and trust, traditional programming blended with the latest medical innovation and a commitment to helping patients and people in recovery enrich their lives. It endures because of its commitment to patient care and safety.

With the same values that have sustained the organization for the past 40 years, Glenbeigh is advancing into the future with a continued focus on innovation, collaboration and delivering superior treatment for substance use disorders.

Plans to celebrate the anniversary will be announced once COVID restrictions are lifted and it is safe to gather together.

CEO's Corner



Pat Weston-Hall, CEO

Gratitude. That single word is what I think of as I reflect on the last 39 years at Glenbeigh. I have nothing but gratitude for everyone I have had the opportunity to meet and the experiences I have lived. It has been such an honor to be entrusted with the wellbeing of so many people whose lives were disrupted by addiction.

I am so proud of Glenbeigh and what we, as a team of professionals, have been able to cultivate. Every decision is made with the welfare of our patients, along with their families, in mind and with a commitment to our philosophy. Abstinence-based recovery, with the 12 Step program as its core, is the most powerful tool anyone can use to achieve and sustain long-term recovery. Over the years I have witnessed new remedies for alcohol and drug addiction. Glenbeigh assesses new treatments and embraces change, but we remain steadfast in the abstinence-based philosophy because it is proven to work.

Glenbeigh also believes everyone deserves treatment in a facility where patients are respected and families are offered guidance. We do not charge for family programming because we believe families are an important part of the healing process. We give loved ones every opportunity to be part of recovery process.

Thank you for your belief in Glenbeigh. Thank you for allowing us to be part of your life and helping you get back on your feet after being knocked down by alcohol or drugs. Thank you for participating in our recovery support events and returning each year to show those new to the program that life is good in recovery. I believe whole heartedly that in the future our paths will cross again. Be it at a support meeting, a community event or at the annual Glenbeigh picnic. In retirement I plan to remain connected to the recovery community.

My final message for everyone reading this is to remember to reflect at the end of each day. Think about what you have been given and embrace what you have achieved in that 24-hour period. This simple reflection will help you be grateful for what you have. I am forever grateful to have been blessed with a career filled with remarkable people at Glenbeigh, throughout the community and across the country. I am especially grateful to have witnessed the miracle of recovery and the resilience of people in recovery.

Best wishes for a safe and happy holiday season.

Pat

Pat Weston-Hall

Pat Weston-Hall Legacy Endowment Fund

*Established to honor years of
service to the recovery community.*

Pat Weston-Hall was much more than the chief executive officer of Glenbeigh. She set a high standard as a gracious leader who interacted with patients and their families on a daily basis. When not in her office, Pat could be found throughout the Rock Creek campus chatting with patients or in the lecture hall speaking about addiction and recovery. Pat cared deeply about patients and their success. She also believed in building a team that delivered exceptional care in a contemporary facility that offered a serene, healing environment.

In honor of Pat's dedication to helping people who struggle with alcohol and drug addiction, as well as to the recovery community, Glenbeigh is pleased to establish the Pat Weston-Hall Legacy Endowment Fund. An endowment fund creates a lasting legacy for donors and ensures donations will be held until used for a specific purpose. Donations to the Pat Weston-Hall Legacy Endowment Fund will be used specifically for future construction and expansion of Glenbeigh.

For Pat, Glenbeigh remains a source of infinite pride. The endowment that bears her name is a wonderful tribute to honor her special connection to Glenbeigh and all the patients and families whose lives she has touched. It will also guarantee future growth.

If you would like to make a donation, please use the enclosed envelope and check the Pat Weston-Hall Legacy Endowment Fund box. Donations may also be made online at www.glenbeigh.com/donate.

Glenbeigh's development team is available to answer any questions or assist with your donation. Please feel free to reach out to Sheila Vandergriff at 330-652-6770 or Carrie Artman at 440-710-3244.

Pat Weston-Hall's greatest legacy is the outstanding program she created at Glenbeigh.

Gary Seech Named Acting CEO

Gary Seech has accepted the role of acting chief executive officer of Glenbeigh effective November 2, 2020. He has extensive addiction treatment experience and has been an integral part of the Glenbeigh staff for over 20 years. Seech earned a Bachelor of Science degree from Duquesne University and a Masters of Business Administration from Cleveland State University. He is experienced with regulatory, accreditation and certification requirements and understands Glenbeigh's culture. He is an advocate of sober living and for providing a strong recovery support network. Over the years, Seech has been instrumental in the organization's growth and success. His work in business administration has positioned Glenbeigh as a sustainable treatment center that is well-positioned for the future.



Gary Seech

Glenbeigh Spotlight:

Estelle Spear, BSN, RN, CIC

Before the COVID-19 pandemic changed our lives, Estelle “Stellie” Spear’s typical day at Glenbeigh, as the Director of Infection Control and Prevention, was largely spent reviewing and following up on lab results, securing appropriate care for patients with infections and providing education on important topics. As COVID-19 began to spread, infection prevention was propelled to the forefront of healthcare safety.



Estelle Spear, BSN, RN, CIC

On March 13, 2020, COVID-19 was declared a national emergency, resulting in the immediate implementation of COVID protocols at Glenbeigh and its outpatient centers. Spear became Glenbeigh’s primary representative on the healthcare system’s COVID-19 Steering Committee, which continues to meet regularly to monitor the ever-changing climate of the Coronavirus. Recommendations from the Centers for Disease Control and Prevention (CDC), Cleveland Clinic, Ohio Department of Health, The Association of Professionals in Infection Control and Epidemiology (APIC), Joint Commission and CMS are continually reviewed and protocols are aligned with the latest information.

“We never lost sight of providing addiction treatment in the safest possible setting for our patients and their families,” said Spear. Working with Glenbeigh’s leadership team, Spear coordinated the implementation of COVID-19 preparedness and prevention strategies and educated both staff and patients on safety measures and appropriate actions. Spear, along with Pat Weston-Hall, hosted daily forums in the lecture hall to discuss pandemic concerns.

Glenbeigh continues to take measures to keep patients safe as the pandemic continues. All staff and patients are provided with masks to wear while inside Glenbeigh’s buildings or when outside and unable to maintain social distancing. All patients are pre-screened via phone prior to admission, then re-screened and tested for COVID-19 on-site prior to intake. Temperatures are continually monitored by an automatic thermal temperature scanner.

Spear was the perfect person to lead Glenbeigh’s COVID-19 response. A licensed RN, with a Bachelor of Science degree in Nursing and certifications in infection control and epidemiology, she has been Glenbeigh’s Director of Infection Control and Prevention and the Infection Prevention and Employee Health Coordinator since 2014. Spear has been recognized several times by Cleveland Clinic for her outstanding service to patients and staff throughout her career at Glenbeigh. We are grateful to have her as part of our dedicated team.

Shirley Hiley Retires

After Distinguished Career at Glenbeigh Rock Creek

A staple member of the housekeeping department, Shirley Hiley, retired in late July after 22 years with Glenbeigh. Shirley quietly went about her work and was well regarded by patients and staff. She greeted everyone with a warm smile and graciously offered to assist anyone in need.



Shirley Hiley

During her time at Glenbeigh, Shirley saw the facility grow and transform to accommodate patients as alcohol and drug trends changed. After each expansion, Shirley was given the option to transfer to any of the new extended care houses. She always declined the offer, wishing to remain in the main hospital where she could provide encouragement to patients as they worked through the most difficult phase of the recovery process. She witnessed the miracle of people accepting and using the abstinence-based tools offered at Glenbeigh and embracing recovery. She never hesitated to share success stories with patients who were thinking of giving up. Shirley’s generosity and her empathy provided many patients with the confidence to continue treatment and gave them hope for a bright future.

Shirley will be missed by her colleagues at Glenbeigh. We wish her the very best in retirement.

Feather Shendo Memorial Art Fund Established

Provides art supplies to benefit patients.

When Feather “Faye” Shendo passed into spirit in May 2020, her family reached out to Glenbeigh asking how they could memorialize Faye’s life while honoring her passion for art, music and poetry. Working with Glenbeigh’s development team, Faye’s family agreed that the most unique way to mark her extraordinary life was to touch the lives of others by supporting Glenbeigh’s art program. The program provides patients with supplies and inspiration, giving them an outlet where they can work out emotions and express feelings using different art mediums.



Feather Shendo

Faye’s family and friends collectively donated over \$1,000 to establish the Feather Shendo Memorial Art Fund. Donations to the fund are restricted for the purchase of supplies and materials for the art program.

The Shendo family wants Faye to be remembered as a sensitive young woman who embraced her Apache roots and moved through life with compassion for others and the earth. Through this donation to the patients at Glenbeigh, Faye will continue to share the joy she brought to others.

Glenbeigh is grateful to the Shendo family for this remarkable expression of love.

Rise and Shine Education Program

Addiction: Trends, Pharmacology and Interventions

Friday, December 4, 2020

Presentation: 9:00 AM to 11:00 AM



This course is designed to present current trends in addiction on prescription and street drugs. The presenter will discuss the pharmacology of these drugs and will also discuss techniques that can be used to intervene and offer the addict treatment.

Presenter:

Jay Burrows, MSW, LCSW, CADC, CCS

Clinical Manager, Glenbeigh Outpatient Center of Erie
RSVP or learn more through the Glenbeigh website at www.glenbeigh.com/events.

This is a ZOOM platform educational program. Access information will be shared with registered guests. There is no charge to participate in this event.

For more information, please contact Pawley Bornstein at 440-710-3242.

Glenbeigh provides educational events at no cost as part of our community benefit initiative. Glenbeigh is a non-profit hospital providing the highest quality healthcare to those in need of alcohol and drug addiction treatment and supports ongoing addiction recovery efforts.

Bridges to Recovery Virtual Discussions

As part of Glenbeigh's response to the continuing limitations placed on social interaction, we are hosting a series of online Bridges to Recovery events. Join Glenbeigh's Alumni Coordinator for online recovery support with other people in the recovery community. These virtual sessions are free and open to the entire recovery community. Connect for any or all of the various topics, by linking through www.facebook.com/glenbeighhospital. Different topics are discussed each week.



Individuals are responsible for controlling their level of anonymity through their personal device settings.

Niles Holiday Banquet – Cancelled

Each year, Glenbeigh looks forward to connecting with alumni, family, friends and the local recovery community to celebrate the holidays. But given the continued concerns around COVID-19, we have made the difficult decision to cancel the 2020 Niles Holiday Banquet.



This was a tough call to make but we chose to prioritize the health and safety of our guests. We know this is an enormous disappointment but right now, the most important thing we can do is focus our attention on staying healthy and keeping our recovery family safe.

The banquet is part of Glenbeigh's holiday tradition and we look forward to hosting this wonderful event in 2021.



Accredited by
The Joint Commission

Mission Statement

To provide the highest quality healthcare to those in need of alcohol and drug addiction treatment and support ongoing recovery efforts.

