

Glimmer

Glenbeigh

ACMC Healthcare System

An affiliate of



Glenbeigh, P.O. Box 298
Rock Creek, OH 44084
1-800-234-1001 / www.glenbeigh.com

A Newsletter for Glenbeigh Family and Friends

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Pat Weston-Hall, CEO

CEO's Corner

Dear Alumni and Friends,

Summer is upon us and with it comes new beginnings. For individuals dealing with the disease of chemical dependency, Glenbeigh is here to offer the tools needed to begin a life without alcohol or other drugs. We are committed to providing world-class treatment and we pride ourselves on listening to our patients and hearing their suggestions to improve the overall Glenbeigh experience.

Working collectively, we evaluate and evolve our programs. Beginning in 2012 our treatment program provides more group therapy time for patients to work directly with counselors on individual recovery programs. In addition, music, often referred to as the language of the soul because of its link to well-being and general health, is played before and after group lectures for our patients to enjoy.

Glenbeigh is on Facebook. It is a great resource for alumni to stay in touch and learn about events or other activities expressly for the recovery community. For instance, Glenbeigh's alumni picnic information can be found in the Glimmer, posted on our new website and posted on various social media sites. Glenbeigh will also post construction updates throughout the summer on the progress of the new men's extended care facility. See inside for more details.

Each day I have the privilege of meeting wonderful people who deserve the best treatment possible. I am also privileged to work with a staff that embodies the principles of compassion, collaboration, ownership and respect. I am truly blessed to have the opportunity to work together with a group of caring people, to enhance our programs and provide new beginnings for others.

Warmest regards,

Pat

Pat Weston-Hall
Chief Executive Officer

Glenbeigh Named by OptumHealth™ as a Center of Excellence Provider

United Behavioral Health (OptumHealth™) has selected Glenbeigh as a Center of Excellence for substance abuse treatment for GE members with HRA and HSA benefits. Only two facilities nationwide have met the criteria for this prestigious standing.

For over 20 years, OptumHealth™ has been identifying healthcare providers experienced in treating complex medical conditions and conducting a rigorous evaluation process to select facilities that qualify as Centers of Excellence. Only the most experienced and statistically successful healthcare providers are named as part of the Centers of Excellence networks.



Glenbeigh is honored to be recognized as one of the top alcohol and drug treatment centers in the United States for GE employees by United Behavioral Health (OptumHealth™). Glenbeigh remains dedicated to providing the highest quality care and to improving the health and wellness of those suffering from the disease of addiction.

By providing safe, successful and cost-effective substance abuse treatment options, people with chemical dependency issues can live their lives to the fullest.

Center of Excellence status provides special benefits to United Behavioral Health members through their employer. Please consult with your employer to see if you qualify for special benefits at a Center of Excellence facility.

Glenbeigh Launches Enhanced Website

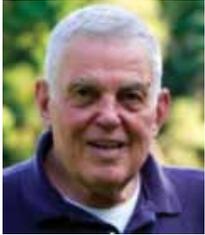
Glenbeigh officially launched its new website in April 2012, featuring a fresh user-friendly experience. The redesigned site, www.glenbeigh.com, showcases an easy to navigate homepage where visitors can find help for themselves, a friend or family member.



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Richard "Dick" Grimm

Development Advisory Board Member/Philanthropist



Ardent supporter of Glenbeigh, Dick Grimm passed away in February leaving behind a legacy of extraordinary philanthropy and leadership. He was an inspiration to the people who had the pleasure of knowing him and he left an enduring mark on Glenbeigh.

Founding members of the Development Advisory Board, Dick, and his wife, Susan Grimm, had the foresight to envision the future and understood the importance of having Glenbeigh as a resource in northeast Ohio. They demonstrated their commitment to promoting the well-being of humankind when they stepped forward and made a lead gift for Glenbeigh's extended care facilities.

Dick Grimm was greatly respected and led by example. He was generous in his encouragement, challenging with his honesty, and yet always committed to helping others live their best possible life. He wanted to be a part of the solution and was willing to use his resources constructively to improve the human condition.

Those who knew Dick will remember him for his unique sense of humor and his supportive nature. For those who never met him, his spirit lives on at Glenbeigh where he will eternally make a difference in the lives of people from Ohio, the nation and the world.

Glenbeigh Outpatient Center of Erie Welcomes Thomas Turner, MD



Thomas Turner, MD

Glenbeigh is pleased to announce the affiliation of Thomas Turner, MD, with the Glenbeigh Outpatient Center of Erie. Dr. Turner has extensive knowledge and experience in addiction medicine having worked in the field for 20 years. He assumed the role of medical director, which was held by Dr. Robert Kiel who retired in January.

Board certified in Family Medicine, Dr. Turner is a member of the American Society of Addiction Medicine, the American Academy of Family Practice and the Erie County and Pennsylvania Medical Societies. Dr. Turner earned his medical degree from Drexel University College of Medicine and has an established Family Practice in Fairview, PA.

Glenbeigh Launches Enhanced Website

Continued from front page

The new site is also a source for referents and physicians to easily find treatment information for an employee or patient.

The website features direct access to a "Get Help Now" option on every page. For alumni and others connected to Glenbeigh, there are links to our innovative Patient Portal (www.myglenbeigh.com) as well as social media such as Twitter, Facebook and YouTube, which features a video showcasing Glenbeigh's world-class multi-disciplinary program.

The website places emphasis on making information and resources available for those seeking treatment options for chemical dependency.



Glenbeigh is grateful for a grant award from The William J. and Dorothy K. O'Neill Foundation, which provided funding for this project.

Glenbeigh has created several on-line resources and encourages alumni to visit these sites for inspiration and to enhance your personal recovery.

- www.myglenbeigh.com - for patients and alumni to access the tools and resources that help on a daily basis.
- www.facebook.com/GlenbeighRecoveryCommunity - connect with others in recovery and send messages of inspiration and hope.
- www.facebook.com/MyGratitudeSpeaks - Join us each day and share a gratitude to encourage others.
- www.glenbeighrecoverycommunity.wordpress.com - Glenbeigh's official blog about living the 12 Step program in all we do.
- [@glenbeighrc](https://twitter.com/glenbeighrc) - Glenbeigh's Twitter



Families go through active addiction and the recovery process with their loved ones. Keeping it Simple and Serene (KISS) is a resource that offers simple suggestions for friends, family members and significant others of those in recovery.

- www.facebook.com/SimpleAndSerene



Glenbeigh is Accredited by The Joint Commission

Vision Statement

People are born to love life, to delight in family and friends, to cherish relationships, and to contribute to their communities. Some people suffer from drug and alcohol addiction. Addiction is a disease that affects everyone touched by it. It destroys lives. It robs people of love and delight. Families suffer... communities suffer. Treatment of substance abuse can change lives for the better. With treatment, people heal, families heal, and communities heal. Dignity and self-worth are restored.

Our vision is that Glenbeigh will always be available to assist people who suffer from drug and alcohol addiction in their recovery. Here in northern Ohio and western Pennsylvania, our vision is for Glenbeigh to inspire and lead this healing, to serve people, families, and communities. We envision a world where recovering people experience forgiveness, a sense of wonder, and a love of life; where recovery truly means being happy, joyous and free.



Staff Members Recognized with Appreciation Awards

As an affiliate of the Cleveland Clinic, Glenbeigh is proud to be a part of an organization that is a pioneer in integrating exceptional employee experiences with world-class patient experiences. Keeping patients our top priority aligns Glenbeigh's guiding principles with the strategic goals of Cleveland Clinic and ACCM.

Several Glenbeigh staff members were recognized in March, 2012 for furthering exceptional Employee Engagement Achievement during 2010-2011 and supporting the Cleveland Clinic Experience. The following staff members received Caregiver Celebrations Appreciation Awards:

Helen Park – Business Office Manager/Transportation

Gary Seech – Director of Regional Operations/Glenbeigh
Outpatient Center of Canton

Jennifer Hubbard – Supervisor/Dietary and Housekeeping

Kathy Fox – Director/Dietary and Housekeeping



Glenbeigh's dietary and housekeeping staff was recognized for 2 consecutive years of outstanding employee engagement and providing patients with a positive experience.

Construction Begins on the Men's Extended Treatment Facility

Over the past few years Glenbeigh's world-class reputation has grown and we now attract patients from across the county as well as overseas. As the demand for inpatient treatment services continues to grow there is a corresponding increase in the number of individuals seeking extended care services.

In response to this increasing need, Glenbeigh recently began construction on a new men's facility located on the Rock Creek campus. The facility design will compliment the women's facility, opened in January 2011, and will feature a great room, kitchen, dining area, sleeping areas and counseling rooms.

Extended care is offered to recovering individuals who need a longer treatment program to establish a solid foundation in sobriety. During extended care, patients participate in gender-specific programs, recreational activities and educational and living skills groups. All dimensions involved in the recovery process are addressed while providing patients with the opportunity to practice applying the 12 Step principles in a structured environment.

Donations are being accepted for this special project. For more information please contact the Development Department at 440-710-3260 or 800-234-1001.

Glenbeigh Caregivers Receive Excellence Awards

Since 2002 the Cleveland Clinic has honored deserving nurses with the Stanley Shalom Zielony Institute for Nursing Excellence Hall of Fame Award. In 2012 additional award categories were opened. Nominated by health system employees, physicians, patients and volunteers, the following Glenbeigh caregivers were recognized for their exemplary skills, dedication and compassion that are essential to providing the highest quality patient care.

The Nightingale Physician Collaboration Award:

Dr. Michael Primc, Psychiatrist

In recognition of a physician who collaborates with nurses in a professional and positive manner to achieve a common goal of excellence in patient care.

Nursing Excellence Award: Michele Payne, RN

In honor of her special skills, dedication and compassion in the delivery of outstanding direct patient care.

Rookie of the Year Award: Estelle Spear, RN

Presented for delivery of care to patients and for possessing the skills, dedication and compassion that are essential to high quality care.

Outstanding Clinical Support Award:

Amanda Mook, Medical Secretary

Awarded for outstanding service to the Nursing Department and serving as a role model to others by exemplifying our mission to put patients first.

The Hall of Fame Award is the most prestigious nursing award offered by Cleveland Clinic.



Events for Alumni, Family and Friends



Save The Date

Alumni and Recovering Community Annual Picnic

Glenbeigh Rock Creek
2863 State Route 45
Rock Creek, Ohio 44084

Saturday, July 21, 2012

Alumni, friends and family are invited to join together, reconnect with friends and celebrate recovery. The picnic begins with fellowship and a traditional picnic lunch. Activities include a lead speaker and the circling of the pond. The entire family is welcome to attend and children's activities are provided.

The alumni picnic is held annually rain or shine. This free event is made possible by the generosity of the alumni association and Glenbeigh staff.

For more information, please visit www.glenbeigh.com or call 440-951-7000.

Picnic Schedule:

- 2:00 – 2:30 Fellowship
- 2:30 – 3:30 Picnic Lunch
- 3:30 – 4:30 Announcements/Speaker/Children's Activities
- 4:30 – 5:00 Alumni Gathering/Drawings/Prizes



Other Alumni and Recovering Community Events

Fourth of July Picnic

Glenbeigh Outpatient Center of Niles
29 North Road SE
Niles, Ohio 44446

**Sunday,
July 1, 2012**
1:00 pm – 4:00 pm

Join Glenbeigh as the Niles Center hosts a picnic lunch providing hot dogs, hamburgers and refreshments. There is no charge for this event however guests are invited to bring a covered dish or dessert. Music and family activities are part of the day. For more information, please call 330-652-6770.

Labor Day Picnic

Glenbeigh Outpatient Center of Niles
29 North Road SE
Niles, Ohio 44446

**Sunday,
September 2, 2012**
1:00 pm – 4:00 pm

Join the Niles Center for a fun-filled day that includes food, fellowship and entertainment for all ages. Please call 330-652-6770 for more information.

Education for Professionals

Rise & Shine seminars are free and open to all professionals working in the recovery field, business representatives and members of the community interested in chemical dependency-related issues. Reservations are required as seating is limited. Visit News & Events at www.glenbeigh.com for more information.

RISE & SHINE

Thursday, July 19, 2012

8:30 AM – 11:00 AM

Addiction: The Effect on Families

Susan N. Young, LPC, NCC, CEAP, Director,
Northwest Beach Group, LLC
Lois A. Carrig, MA, LPC, NCC, Counselor,
Glenbeigh Center of Erie

Glenbeigh Center of Erie

Blasco Library, Admiral Room
160 East Front Street
Erie, Pennsylvania

For more information, please contact Janet Coon at 814-864-4226.

Wednesday, September 19, 2012

8:30 AM – 10:30 AM

The Aging Face of Addiction

Max Burkins, LICDC, ICCS, SAP, Program Manager,
Glenbeigh Center of Canton

Glenbeigh Center of Toledo

3425 Executive Parkway, Suite 207
Toledo, Ohio 43606

For more information, please contact Karen Morse at 419-536-4000.

SPECIAL PRESENTATION

This half day workshop benefits substance abuse and chemical dependency professionals, social workers, employee assistance professionals and marriage & family counselors.

Friday, October 5, 2012

8:30 AM – 12:00 PM



Delbert Boone

The Psychology of Addiction: Working with Resistant Clients

Delbert Boone, President,
NND Production, Inc.

Glenbeigh Rock Creek

2863 State Route 45
Rock Creek, Ohio 44084

Participants will gain an improved understanding of the pathology of and the psychological dynamics of addiction. Explore the skills needed to redirect unproductive client defense mechanisms.

For more information, please contact Carrie Artman at 440-710-3244.



Go directly to the Glenbeigh website simply by scanning this QR code with your smartphone.