

Glenbeigh

Glimmer

Glenbeigh

ACMC Healthcare System

An affiliate of



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A Newsletter for Glenbeigh Family and Friends

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CEO's Corner



Pat Weston-Hall, CEO

Dear Friends,

Glenbeigh opened its doors in 1981 offering personalized treatment for drug and alcohol addictions. As we enter our 35th year, I'm proud of what Glenbeigh, as a family and community member, has accomplished. The spirit of our caregivers resonates through the halls inspiring patients to embrace the 12 Steps and apply them every day.

Over the years I've watched the approach to treatment transform. But the foundation does not change – the 12 Step program is the most powerful and consistent tool one can use to sustain long-term recovery. When combined with the fellowship provided by support networks such as AA, NA and Al-Anon, individuals and families can find a healing environment.

Glenbeigh remains committed to providing a support network that goes beyond treatment. We offer a series of complimentary educational opportunities for professionals working with families impacted by addiction. Also, several Glenbeigh staff members are featured speakers at symposiums throughout Ohio and surrounding states.

Over the next several months we will be hosting events in Ohio and Western Pennsylvania. More information will be available on our Facebook posts, website, and in email communications. In closing, I want to personally invite everyone in the recovering community to Rock Creek on Saturday, July 18th for Glenbeigh's annual picnic. It should be the best event yet!

Hope to see you at the picnic,

Pat Weston-Hall
Chief Executive Officer

Meet Glenbeigh's Social Media Manager Special Offer on Facebook Page for the 2015 Alumni Picnic

Every day Kendra Grant sends inspirational messages to over 1,300 of Glenbeigh's Facebook and Twitter followers. She has been working with Glenbeigh for the past 3 years and has developed an interactive recovery community page, which is located at www.facebook.com/GlenbeighRecoveryCommunity. This open forum is a place where people in recovery can share their experiences, wisdom and encouragement. "The community was created to offer inspiration and support to recovering addicts and codependents, it's available any time of the day or night," said Grant.

For over 20 years, Grant has been sharing her experience, strength and hope with the intention of motivating others. "For each Facebook friend that likes us, our posts reach about six additional people," said Grant. "Friends can also follow us on Twitter [@gr8fuladdict](https://twitter.com/gr8fuladdict)."

Visit Glenbeigh's Facebook page to print a ticket for a chance to enter a drawing for a Kindle Paperwhite, 6" with built in light and Wi-Fi, along with a \$75 gift card to purchase recovery oriented material. The Kindle will be given away at this year's annual Alumni and Recovery Community Picnic. Tickets must be deposited at the social media table during the picnic and the winner must be present to claim the prize. Please, only one entry per person.

Connect with Kendra [@gr8fuladdict](https://twitter.com/gr8fuladdict) to receive tweets about the drawing, upcoming events and daily posts.



Kendra Grant invites the recovery community to connect with her on Glenbeigh's social media forums.

New Coordinator to Build Alumni Community



Pawley Bornstein, Glenbeigh's new Alumni Coordinator, will be creating a positive recovery environment for alumni, family and friends.

Over the next several months alumni and friends will have the opportunity to meet Pawley Bornstein. As Glenbeigh's new alumni coordinator, Bornstein will be creating a robust program that includes a regular e-newsletter; fun, entertaining events and a forum where alumni can actively participate. In recovery since 2007, Bornstein worked as a radio personality in Pittsburgh, Cleveland and Chicago. A vocal advocate for treatment of chemical dependency, Bornstein will work with patients and participate in group sessions at Rock Creek and the outpatient centers.

Look for Bornstein at the Alumni and Recovery Community Picnic on Saturday, July 18th. If you'd like to receive Pawley's alumni communications, please send an email to alumni.coordinator@glenbeigh.com indicating you'd like to join.

Glenbeigh is a non-profit specialty hospital.



Brenda Long, LPN; Rong Norris, RN; Anne Hathy, RN and Dr. Richard Zinni were recognized by the Cleveland Clinic for providing exceptional patient care.

Cleveland Clinic Bestows Top Honors on Glenbeigh Staff Members

For the third consecutive year Glenbeigh staff members have been honored by the Cleveland Clinic and the Stanley Shalom Zielony Institute for Nursing Excellence. The Institute oversees the practice and education of nurses who are part of the Cleveland Clinic caregiver family. Recognized for outstanding service to patients through the course of their work, these dedicated individuals epitomize teamwork, compassion and integrity. The following were recognized for delivering the level of care expected from the nation's premier healthcare provider:

- **Brenda Long, LPN** – Outstanding Clinical Support. Long provides outstanding service to the nursing department and serves as a role model to others.
- **Rong Norris, RN** – Nursing Excellence. Norris was recognized for her special skills, dedication and compassion in the delivery of patient care.
- **Anne Hathy, RN** – Nursing Alliance. Hathy received the award for exhibiting shared vision, relationship-based care, thinking in action and for her serving leadership.
- **Dr. Richard Zinni** – Nightingale Physician Collaboration. Dr. Zinni received the honor for his exceptional collaboration with nurses in a professional and positive manner to achieve the common goal of excellence in patient care.

Glenbeigh congratulates our team members who set an example for others through their leadership, caregiving efforts and dedication.

Serenity Trail Project
Glenbeigh invites the recovery community to take part in a special brick fundraising campaign. By purchasing your personalized, engraved brick, you help us build the foundation for a reflective serenity trail. Take advantage of this unique opportunity today and become part of Glenbeigh's history and future.
Visit www.glenbeigh.com/special-projects for more information.

Bill Hale, Ph.D., Presents at PRO Conference

On May 3rd, Bill Hale, Ph.D., LICDC-CS, Manager of Glenbeigh's Outpatient Centers of Beachwood and Rocky River, presented at the 17th Annual Pharmacists Rehabilitation Organization's Conference on Chemical Dependency in Columbus, Ohio. Hale, presented Dual Diagnosis: Identification and Treatment of Co-Occurring Disorders. Covered was how to integrate strengths-building into dual diagnosis treatment while examining the components of building a positive perspective in treatment.

Hale received his Doctor of Philosophy, Counseling Psychology, from the University of Tennessee, Knoxville, and specializes in cognitive behavioral therapy and positive psychology. He works with patients who benefit from a focus on stress, anxiety and craving management. Hale developed a Life Skills Training Program for Glenbeigh and helps patients without religious beliefs navigate the 12 Step program from a nontraditional perspective.

The Pharmacists Rehabilitation Organization was founded in 1984 by the Ohio Pharmacists Association and the Ohio Society of Health-System Pharmacists in cooperation with the Ohio State Board of Pharmacy. The mission of PRO is to educate and inform professionals of pharmacy about chemical dependency as a treatable disease. Glenbeigh is a principle provider offering a comprehensive treatment program specifically for pharmacists and other licensed professionals. Glenbeigh's staff understands the specific requirements professionals must satisfy before returning to practice as mandated by their licensure and monitoring boards. Glenbeigh is an approved provider with most professional boards.

**An Encore Presentation is being offered by:
Glenbeigh Outpatient of Erie
Thursday, July 16, 2015
9:00 AM to 11:00 AM
Please call 814-864-4226 to RSVP.**

More information is available at www.glenbeigh.com/erie-schedule



Glenbeigh's 16 Counselor Aides, or CAs, do an outstanding job helping patient's transition into Glenbeigh's daily life. They provide guidance and support to patients working on their comprehensive recovery program. Pictured (left to right) are: Robert Van Der Maelen, Rick Slusher, Scott DeCola, Lead CA, Chrissy Profera and Brian Shapiro.

Around Glenbeigh

Camille Zalar, RN

Appointed Director of Nursing at Rock Creek

Effective June 6, 2015, Camille Zalar, RN, will assume the role of Director of Nursing at Glenbeigh's inpatient facility. Zalar, a Veteran of the United States Navy and a Kent State University graduate, has been with Glenbeigh since 2002. She's held several positions including staff nurse, charge nurse and infection control and employee health nurse. Since 2013, Zalar has been the Director of Quality, Patient Experience and Education, a position that allowed her to work directly with patients as well as provide training throughout Glenbeigh's service communities.

Zalar has a passion for helping people. "I believe in Glenbeigh's mission, the organization's values and the important work we do here every day."

Zalar is board certified in addictions nursing, infection control and epidemiology. She is a member of the American Nurses Association, the Ohio Nurses Association and the Nurses Society on Addictions. Zalar is pursuing a master's degree in health administration from Ohio University.

Roberta McIntyre, RN

Receives Recognition for Outstanding Service to Nursing



(left to right) Julie Richer, Clinical Instructor, Lakeland Community College School of Nursing, and Roberta McIntyre, RN, Director of Nursing and Utilization Review, Glenbeigh, at the Lakeland Alumni Hall of Fame Induction Ceremony.

Roberta McIntyre, RN, Director of Nursing, and graduate of the Lakeland Community College School of Nursing, received the prestigious honor of being inducted into the Lakeland Alumni Hall of Fame. The award honors graduates who've made a difference in their community, their career and at Lakeland. McIntyre was honored for her outstanding contribution to the future of nursing and her work cultivating an enriching internship program

at Glenbeigh for students pursuing a nursing degree. McIntyre served as the keynote speaker during the pinning ceremony for newly graduating nurses and was honored by The Board of Lake County Commissioners, The Ohio Senate and David P. Joyce with the U.S. House of Representatives.

During her 21 years at Glenbeigh, McIntyre has used her advocacy skills and passion for helping patients get the level of treatment needed and the appropriate length of stay. She has decided it's time to pass the torch and leave Glenbeigh to spend more time traveling with her family. McIntyre's leadership and contributions will be missed. Congratulations Roberta!



Camille Zalar, RN, steps into the role of Director of Nursing where she will uphold Glenbeigh's high standards of personalized treatment.

Glenbeigh's CEO receives the 2015 Behavioral Healthcare Champion Award

Pat Weston-Hall, Glenbeigh's Chief Executive Officer, was selected as one of four individuals to receive the prestigious title of "2015 Behavioral Healthcare Champions" bestowed by Behavioral Healthcare. According to Julie Miller, Editor in Chief, at Behavioral Healthcare and Addiction Professional, selected individuals "are being honored for their unique brand of dedication, courage, inspiration and excellence as leaders of behavioral health organizations."

2015 Champions were selected from a pool of nominees, from across the country, who deliver outstanding healthcare services and who make a difference in the lives of those struggling with addictions as well as co-occurring disorders.

"It's been an honor working with dedicated people throughout the industry who believe that every person can be given an opportunity to successfully travel the path of recovery," said Weston-Hall. "We've set the benchmark promoting education, offering continued support and giving back to the recovery community. We don't stop at providing treatment – we go beyond expectations and support people's efforts to sustain recovery."

Weston-Hall will be profiled, along with the three other Champions, in the Summer issue of Behavioral Healthcare. All four award recipients will be honored at the 2015 Behavioral Healthcare Executive Summit at NCAD in St. Louis, Missouri.



As part of its community benefit initiative, Glenbeigh provided sponsorship for Trumbull County's first Opiate Summit: Understanding the Impact. The day-long program drew over 200 guests and featured keynote speaker Tom Coderre, Senior Advisor to the Administrator at SAMHSA. In addition, six breakout sessions covered topics ranging from the perspective of law enforcement to showing parents how to find drugs hidden in plain sight. Shown (left to right) Gary Seech, Regional Director of Operations at Glenbeigh; Lauren Thorp, Director of Recovery and Youth Programs at Trumbull Mental Health and Recovery Board and Tom Coderre, SAMHSA.

"The 12 Step program is the most powerful tool one can use to sustain long-term recovery."
Pat Weston-Hall, CEO

Events



Annual Alumni and Recovery Community Picnic

Saturday, July 18, 2015

2:00 PM to 5:00 PM

Alumni, family and friends are invited to spend an afternoon at Glenbeigh celebrating recovery. Join us for a picnic buffet, music, a recovery lead and fellowship, making for a fun-filled day. Reconnect with friends and enjoy quality time sharing with others. Rain or shine, picnic highlights include:

- 2:00 to 2:30 PM – Fellowship
- 2:30 to 3:30 PM – Picnic Lunch
- 3:30 to 4:30 PM – Announcements/Speaker/Children's Activities
- 4:30 to 5:00 PM – Alumni Gathering

For more information, please call 440-951-7000. Glenbeigh is located at 2863 State Route 45, Rock Creek, Ohio 44084.

Labor Day Picnic Celebration

Sunday, September 6, 2015

1:00 PM to 4:00 PM

Glenbeigh Outpatient Center of Niles

29 North Road, Niles, Ohio 44446

Please call 330-652-6770 for more information.

3rd Annual ARCHway Institute Golf Outing

Thursday, September 10, 2015

11:30 AM to 7:00 PM

Hemlock Springs Golf Club

4654 Cork Cold Springs Rd., Geneva, Ohio 44041

Please visit www.thearchwayinstitute.org for registration information.



Professional Education

Glenbeigh's Community Health Needs Assessment revealed a need for continuing education to help our communities access existing resources and to understand the treatment of addiction. Professional education is provided at no cost as part of Glenbeigh's Community Benefit initiative. Reservations are required as seating may be limited. Visit the Professional Education link at www.glenbeigh.com for more information.

Rock Creek, Ohio

Medication Management, Monitoring and Peer Assistance for the Recovering Professional

Presented by: Jarrod Grossman, PharmD.

Executive Director, Pharmacist Rehabilitation Organization

Wednesday, July 22, 2015

Glenbeigh Lecture Hall

For more information, or to register, call 440-710-3244.



Glenbeigh is Accredited by The Joint Commission

Vision Statement

With treatment, people heal, families heal and communities heal. Dignity and self-worth are restored. Glenbeigh's vision is to be available to assist individuals and family members who suffer from drug and alcohol addiction and to support their recovery.

Go directly to the Glenbeigh website simply by scanning this QR code with your smartphone.

