

# Glenbeigh Glimmer

*A Newsletter for Glenbeigh Family and Friends*

**Glenbeigh**  
ACMC Healthcare System

An affiliate of  
 **Cleveland Clinic**

## Richard F. Trice, R.Ph., MBA Named to Lead Glenbeigh's Journey Towards Excellence

**G**lenbeigh, a nationally recognized leader in substance use disorder treatment services, proudly announces the appointment of Richard Trice as the new President of Glenbeigh Hospital and Outpatient Centers, effective February 5, 2024. With a wealth of experience in strategic development and clinical oversight, Rick steps into this pivotal role after guiding ACMC Healthcare System through a period of service improvements and expansion as Vice President of Clinical Operations.



*Richard F. Trice, R.Ph., MBA*

"I am excited to have Rick take on the role of President of Glenbeigh," said Leonard Stepp Jr., President and CEO of ACMC Healthcare System. "His background, combined with the talent and experience of the team at Glenbeigh, will position the organization for growth and will further enhance our ability to provide care to individuals living with substance use challenges."

Glenbeigh conducted a national search, identifying five candidates who were interviewed and met with team members. Rick's clinical and management experience proved to be the perfect fit for the leadership position at Rock Creek.

"Recovery happens over a long period of time, and Glenbeigh has the clinicians, the knowledge, and the skills to help anybody who would like to walk through the doors of recovery," said Rick. "We want to continue to open those doors and make it accessible to any and all."

Rick looks forward to meeting the people who contribute to Glenbeigh's reputation as a premier treatment provider, including referents, business associates, healthcare providers, patients, family members and alumni.

As President, Rick will represent Glenbeigh Rock Creek and its five outpatient centers, working to advance the organization's reputation as a leader in substance use disorder treatment services. He is known as a collaborative leader and strong communicator, with a history of positioning businesses for growth while strengthening partnerships within the service community. Rick also understands

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**Photo (left to right): Camille Zalar, Director of Nursing, Glenbeigh; Donald Reed, Director of Operations, Glenbeigh; Sheila Vandergriff, Director of Development, Glenbeigh; Dr. Judith Wolfe, Associate Chief Experience Officer, Cleveland Clinic; Terri Ball, Director of Clinical Operations, Glenbeigh; Kim Hochschild, Director of Information Systems, Glenbeigh; Richard F. Trice Jr., President, Glenbeigh; Leonard Stepp Jr., President and CEO, ACMC Healthcare System**

## Glenbeigh, receives 2023 Press Ganey Human Experience (HX) Guardian of Excellence Award®

**G**lenbeigh proudly announces its receipt of the 2023 Human Experience (HX) Guardian of Excellence Award® from Press Ganey, a global leader in healthcare experience solutions. This prestigious award underscores Glenbeigh's unwavering dedication to providing exceptional patient care in substance use disorder treatment.

"Glenbeigh delivers something so different that your patients uniformly say that this is the best care they can possibly get," said Dr. Judith Wolfe, Associate Chief Experience Officer, Cleveland Clinic, who was at Rock Creek on April 22nd. She spoke about the amount of trust patients have in Glenbeigh's caregivers and how all staff, no matter their role, welcome people, do not judge and offer hope.

"This collective commitment to delivering exceptional patient experiences has solidified Glenbeigh's position as a nationally recognized leader in substance use disorder treatment," said Richard F. Trice, President of Glenbeigh, upon accepting the award from Dr. Wolfe. He expressed profound gratitude for the recognition, attributing

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**(left to right): Camille Zalar, Director of Nursing, Glenbeigh; Joanna Calabris, Infection Prevention, Glenbeigh; Amanda Clark, Chief Nursing Officer, ACMC Healthcare System; and Richard F. Trice Jr., President, Glenbeigh gather to present Joanna Calabris, with the Faces of Care award.**

## **Celebrating Excellence in Care: Joanna Calabris Receives Prestigious Nursing Award**

Joanna Calabris, MBA, BSN, RN, CARN, Glenbeigh's Infection Prevention Coordinator, has been honored with the prestigious 2024 Faces of Care award. With 20 years of dedicated service at Glenbeigh, Joanna has consistently exemplified excellence in patient care.



Her commitment to improving patients' lives is unmatched, as she embodies the professional practice model through collaborative patient-centered care. Joanna's role as the hospital's infection preventionist has been particularly vital during the last few years, effectively managing CDC COVID-19 recommendations and keeping caregivers and patients informed.

Joanna's dedication to professional development is evident through her certifications and academic achievements. Her expertise in infection prevention supports the hospital in identifying and eliminating healthcare-associated infections.

Notably, Joanna's efforts in data extraction for CMS reporting and her compassionate approach to nursing care have earned her admiration from colleagues and patients alike.

Joanna Calabris truly represents the pinnacle of nursing excellence, making her a deserving recipient of the Faces of Care award.

## **Richard F. Trice, R.Ph., MBA Named to Lead Glenbeigh's Journey Towards Excellence**

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the impact substance use has on loved ones and advocates for family education as part of the treatment and recovery process.

Before joining the ACMC Healthcare System in 2017, Rick served as Pharmacy Manager at University Hospital Health System Geneva Medical Center and Conneaut Medical Center. With 19 years of experience in managing clinical and non-clinical departments, Rick's leadership was integral to the University Hospital System. Graduating from Ohio Northern University with a BS in Pharmacy, Rick owned and operated two pharmacies in Madison, Ohio. He transitioned to the acute care setting in the late 1990s, eventually earning an MBA in healthcare from Baldwin Wallace University.

Glenbeigh welcomes Rick Trice as President, anticipating his contributions to strengthening partnerships and delivering exceptional patient care.

## **Glenbeigh, receives 2023 Press Ganey Human Experience (HX) Guardian of Excellence Award®**

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it to the entire team's unwavering dedication.

"This award symbolizes Glenbeigh's commitment to elevating healthcare standards, fostering a culture of continuous improvement and innovation in the human experience," said Patrick T. Ryan, CEO, and chairman at Press Ganey. "It underscores the importance of prioritizing patients, healthcare professionals and industry partners in our mission, promoting a future where exceptional healthcare experiences are not merely goals but tangible achievements."

Recognition as a Press Ganey Award winner places Glenbeigh in the esteemed top 5% of healthcare providers nationwide for delivering outstanding patient experiences over the past year. This accolade is based on patient feedback garnered through post-discharge surveys, highlighting the consistent compassionate care provided by Glenbeigh's devoted caregivers.

Glenbeigh is deeply honored to receive recognition from Press Ganey for delivering an outstanding patient experience and is grateful to be counted among the nation's top healthcare providers.



**TAKE US  
WITH  
YOU**

Glenbeigh365



## Therapy Dog Makes Rounds at Glenbeigh

Glenbeigh proudly introduces the use of a therapy dog to enhance treatment for substance use disorders at the Rock Creek inpatient hospital. While pet therapy complements other therapeutic approaches such as psychotherapy, it offers a unique avenue for individuals to reconnect, improve social skills, and alleviate anxiety and depression.

Grizzly, a certified Therapy Dog, accompanies handler Holly Johnson, PMHNP, during her rounds at Glenbeigh. Johnson, holding a Master of Science in Nursing degree from Walden University and a Bachelor of Science degree in Nursing from Kent State University, is a certified Psychiatric Mental Health Nurse Practitioner. She is also a member of the American Holistic Nurses Association and the American Psychiatric Nurses Association.

During weekly medical appointments, Johnson is joined by Grizzly, a 6-year-old Golden Retriever, extensively trained in therapy. Grizzly provides comfort and support to patients, aiding them therapeutically during their appointments with Glenbeigh's medical staff. Patients and staff alike have responded positively, expressing their appreciation for Grizzly's presence.

The benefits of interacting with trained therapy dogs, as outlined by The Alliance of Therapy Dogs, are extensive.

These interactions can lead to physical improvements such as reduced cortisol levels (a stress hormone) and increased release of oxytocin, the body's natural stress-reduction chemical. Additionally, something as simple as walking with a therapy dog can contribute to lowered blood pressure.

Individuals in treatment for substance use disorders often face a heightened risk of relapse when they isolate themselves. Therapy dogs play a pivotal role in empowering socially isolated individuals by fostering emotional growth, enhancing self-image, improving disposition and emotional control and nurturing empathy towards others.

Camille Zalar, MHA, BSN, RN, CARN, FIAAN, Director of Nursing at Glenbeigh, remarked, "Having a therapy dog at Glenbeigh has brought immense joy to both patients and our caregivers." She praised Grizzly's work at the hospital, emphasizing his role in providing support, affection and comfort wherever he goes. Zalar also praised Johnson for integrating Grizzly into her scheduled weekly medical appointments, noting plans for increased visits throughout 2024 to further benefit patients.

With Grizzly's presence, Glenbeigh continues to foster a healing environment that prioritizes holistic well-being and compassionate care.



## Running2BWell Launches May 2024: A New Addition to Support Recovery in Rock Creek

Brian Rosenberg, an inpatient counselor at Rock Creek, played a pivotal role in establishing a collaboration between Glenbeigh and Running2BWell, introducing the program at Rock Creek in May. Keith Johnston, Running2BWell's Executive Director, emphasizes the importance of exercise and constructive activities for sustained recovery and improved mental health. He founded Running2BWell based on research indicating that even low doses of group exercise can benefit those with substance use disorders. This initiative compliments Glenbeigh's programs, which are designed to enhance physical health.

Participants engage in activities like running, walking or jogging, which boost neurotransmitters and foster positive relationships. Johnston, also in recovery, attests to the program's efficacy in sustaining personal recovery. The group focuses on individuals living with substance use disorders and behavioral health issues, assigning mentors—many in recovery—to assist with activities.

Since its founding in 2016, Running2BWell has grown to over 300 participants across 12 locations. Understanding financial constraints, the organization provides donated shoes, apparel, gym memberships, snacks and race entry fees, with shoes being the largest expense. In 2023 alone, they donated 608 pairs of shoes to attendees.

Feedback from staff and participants has been overwhelmingly positive, with many considering Running2BWell activities the highlight of their week. Participants benefit from outdoor exercise, fresh air and socializing, aiming to enhance healthy outcomes.

More information is available by contacting Keith Johnston at [running2bwell@gmail.com](mailto:running2bwell@gmail.com)



## Alumni and Recovery Community Picnic

The 2024 Glenbeigh Alumni and Recovery Community Picnic, scheduled for July 20th, marks the return of our traditional celebration of recovery. Alumni, families and friends are invited to gather at Rock Creek, where many began their recovery journey. This year's theme 'Carrying the Message' resonates deeply within the community, emphasizing the importance of sharing personal stories to inspire others. This year, we extend the invitation to all alumni to join us in celebration.

Each alum attending embodies resilience and serves as a source of hope and inspiration for those still in treatment. Reconnect with Glenbeigh staff to share laughter, tears and stories of triumph. The goal of this year's theme is to show that recovery journeys aren't just personal; they carry the potential to light the way for others.

The day concludes with the traditional gathering around the pond, where "Lean on Me" is sung and the message of unity and gratitude is shared. We hope you will join us to renew your recovery and share a message of hope.



# ANNUAL ROCK CREEK PICNIC

Saturday 7/20  
noon-3pm

# 2024

FOOD, FUN, SPEAKER  
AND FELLOWSHIP

celebrating the theme  
*"Carrying the Message"*  
Glenbeigh



### The Tradition of Giving Back

Support others who are just beginning the recovery journey. Make a donation by scanning the above QR code with your smartphone camera. Donations may be made online or mailed to:  
Glenbeigh Development,  
PO Box 298, Rock Creek, OH 44084.



If you'd like to spend some time with us on Social Media, scan the QR Code and get commenting.



Accredited by  
The Joint Commission

## Mission Statement

To provide the highest quality healthcare to those in need of alcohol and drug addiction treatment and support ongoing recovery efforts.

