



## Older Adult Specialized Services

### Substance Use Disorder and the Older Adult: A Growing Problem

Glenbeigh understands that recognizing substance abuse in older adults can be challenging, due to normal aging factors such as cognitive and functional decline and medical comorbidities. Many older adults have started a trajectory of using alcohol or drugs during the Baby Boomer Era (born between 1946 and 1964) and have progressed into more heavy usage over the years. Others may have started using alcohol or other substances much later in life to deal with stressors such as loneliness, loss and isolation. Regardless, often times the signs and symptoms are mistaken, overlooked or ignored.

Glenbeigh's Older Adult Specialized Services address the specific treatment and recovery needs of individuals 56+, as they learn to embrace the next chapter of life and release the fears of the future.



### Older Adult Specialized Services address:

- Stressors of the aging process; physically, cognitively and emotionally
- Retirement issues: loss of identity, purpose and financial concerns
- Loneliness, loss, isolation and lack of leisure activities
- Medication management/self-care/mobility and balance issues
- Prescription drug misuse and abuse
- Chronic Pain
- Guilt, shame and resentments from the past
- High risk behaviors and substance use
- Psychiatric care when necessary for co-occurring disorders
- Holistic approach to wellness

### Additional services include:

- Ongoing medical appointments
- Nutritional assessments
- Grief counseling and pastoral care
- Weekly pain management specialty group
- Comprehensive discharge planning for continued care
- Family educational services

Ask our intake specialists about  
Older Adult Specialized Services  
800-234-1001

**Glenbeigh**

2683 State Route 45  
Rock Creek, Ohio 44084  
[glenbeigh.com](http://glenbeigh.com)

Glenbeigh accepts **Medicare** Plans  
for both inpatient and outpatient services.

# Glenbeigh

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Call 800-234-1001



Enriching Lives and  
Empowering People

**Glenbeigh**  
ACMC Healthcare System

An affiliate of  
 **Cleveland Clinic**

# Transforming Lives

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**CHALLENGES** - Older adults with alcohol or drug issues need help but often do not know where to turn for guidance and support. Older adults have unique challenges that require specialized treatment. Glenbeigh provides safe, medically monitored treatment for all types of addictive, mood-altering substances, including alcohol and prescription medications.

**SOLUTIONS** - Glenbeigh cares. Many of our staff have personal experiences with addiction and understand the key to long-term recovery. We help older adults get clean and sober. Glenbeigh's core values remain abstinence-based, providing a full continuum of care.

**A free, confidential pre-screening is the first step to determining the best course of action.**

Helping people achieve long-term recovery since 1981



# We Can Help

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**EXPERIENCE** - Glenbeigh has an outstanding reputation for treating all patients and their loved ones with dignity, respect and understanding. Glenbeigh delivers Cleveland Clinic, world-class care to individuals from Ohio, Pennsylvania and from across the United States.

**COMMITMENT TO CARE** - We are committed to recovery and offer access to the best care available. Treatment is overseen by experienced Addiction Medicine physicians who work with our outstanding team of professionals. We advocate for the most appropriate level of care for our patients. Our goal is to restore health and productivity while enriching lives and empowering older adults so they can return to quality of life and sustain long-term recovery.

## Expertise

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The following comprehensive services are offered:

- Personalized Assessments
- Inpatient Treatment
- Specialized Groups for Older Adults
- Family Services and Education
- Aftercare Programs
- Relapse Prevention
- Appropriate Community Referrals
- Sober Living Opportunities

### **Glenbeigh, Rock Creek, Ohio**

Established in 1981, Glenbeigh offers extensive treatment options for adults with alcohol and drug issues. Glenbeigh offers treatment services that include assessments, medically monitored detoxification, partial-hospitalization, extended care, individual and group counseling, family services, intensive outpatient, referrals, and sober living,

# Why Choose Glenbeigh?

- You can expect personalized, confidential, professional services. We pair older adults with their peers for a specialized curriculum, tailored to address older adults specific needs while focusing on their unique experiences and the recovery process.
- At Glenbeigh, you are in good hands. We understand addiction, handle complicated cases and offer a full continuum of care from detox to sober living. Our Older Adult Services offer treatment components that adhere to best-practice models.
- Glenbeigh provides comprehensive, integrated discharge planning that is focused on providing success for sustained recovery.
- We have access to a substantial referral network for other services including sober living and recovery support.
- We facilitate healing and help older adults learn to minimize risks, provide effective care to others and avoid relapse.



**Glenbeigh is Here when You Need Us**