Glenbeigh

ARMC Healthcare System
Cleveland Clinic affiliate

Glenbeigh Scope of Services

The Scope of Services outlines the multidisciplinary practice of treating adults with alcohol and drug addictions along with the mission and vision of the organization. The purpose of Glenbeigh's mission and vision are to guide the plan for the provision of patient care.

Glenbeigh's mission is to provide the highest quality healthcare to those in need of alcohol and drug addiction treatment and to support ongoing recovery efforts.

Addiction is an illness that, if left untreated, results in the progressive medical, emotional, social and spiritual deterioration of individuals and their families. With treatment, individuals with substance use disorders have the capacity to lead meaningful and productive lives. We believe that successful treatment of addiction requires a blend of 12-Step concepts with medical and clinical practices focusing on a holistic approach. Patient care is provided in an atmosphere of privacy, dignity and respect.

Since 1981, Glenbeigh has provided comprehensive, individualized addiction treatment in a caring and compassionate environment. Our Vision is: to promote a culture of safety and quality in all that we do; to care for individuals and families impacted by alcohol and drugs; to be committed to a philosophy of mutual respect and compassionate caring to guide our patients on the path to sustained recovery; to practice empathy and active listening in all our interactions: to be dedicated to leading by example and promoting Glenbeigh values.

Scope of Patient Care Services

Patient Care Services at Glenbeigh includes inpatient and outpatient diagnosis and treatment. All departments and centers collaborate to provide the best care possible for the individual, to improve outcomes, to engage family members in the treatment process, and to ensure services are consistent with our mission, vision and goals. Patient care services are provided to all patients by a collaborative team of professional and ancillary staff members.

Professional staff includes nurses, physician assistants, psychiatric nurse practitioners, counselors, pharmacists, dieticians, certified chemical dependency counselors, educators and social service providers. Other professional disciplines are available via contract services, including, but not limited to, physicians and psychiatrists. A variety of treatment modalities are used to provide comprehensive care. These approaches are used to meet the

Levels of Care Available:

- Outpatient Assessments
- Medical Withdrawal Management
- Inpatient Rehab and Residential
- Partial Hospitalization (with overnight)
- IOP; Intensive Outpatient Programs
- Continuing Care Groups

Services Available:

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 - 3.7 ASAM Criteria Medical Monitored Withdrawal Management
 - ASAM 4.0WM Medically Monitored Intensive Inpatient Withdrawal Management
 - ASAM 4.0 -Medically Monitored Intensive Inpatient
 - ASAM 3.7WM Medically Monitored Intensive Inpatient Withdrawal Management
 - ASAM 3.7 Medically Monitored Intensive Inpatient
 - ASAM 3.5 Clinically Managed High-intensity Residential Services
 - ASAM 2.5 Partial Hospitalization Services
 - ASAM 2.1- Intensive Outpatient Services
 - ASAM 1.0 Outpatient Services
 - Medical Services
 - Psychiatric Services
 - Nursing Services
 - Medication Administration
 - EKG
 - Drug Screening
 - Laboratory Test
 - Assessments
 - > Intake Assessment
 - Nursing Assessment
 - > History and Physical
 - > Psychiatric Assessment
 - > Psychosocial Assessment
 - > Nutritional Assessment

Room and Board:

- Full dietary
- Housekeeping
- Laundry
- Patient treatment materials/supplies

Therapeutic Services:

- Individual Counseling
- Group Therapy
- Family Services
- AA/NA Support Meetings
- Psycho-educational Groups
- Lectures on various related addiction/recovery oriented topics
- Fitness activities including weekly yoga instruction
- Recreational activities
- Massage Therapy
- Specialty Therapy Areas
 - > Gender specific
 - > Pain Education
 - > Helping Professionals

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- > Older Adults Specialized Services
- > First Responders Specialized Services
- ➤ Business Executives
- ➤ Co-Occurring Groups
- > Recovery Management
- > Art as Therapy
- ➤ Medication Assisted Therapies/MOUD/MAUD

Glenbeigh blends 12-step concepts with professional medical and evidence based practices employing innovative ways to treat alcohol and drug addiction.

Program Contacts:

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- Tina Ensman, Admissions Manager, tina.ensman@glenbeigh.com
- Tia Underwood-Bryant, Patient Financial Services Manager, tia.underwood@glenbeigh.com

Phone: 800.234.1001

Mailing Address: PO Box 298, Rock Creek, Ohio 44084 Physical Location: 2863 St. Rt. 45, Rock Creek, Ohio 44084

Average Units of Service per Week:

- Group therapy 14-16.5 hours
- Addiction related educational sessions 8-9 hours
- 12 step/recovery meetings 7 hours
- Individual counseling 1-2 hours

Total hours of operation: 24 hrs/day; 7 days/week

Admission Department is staffed 8 am to 10pm daily to receive inquiry/admission referrals and meet with patients for admission.

Service Weeks per Year: 52

Key Staff: See previous list of managers/administrators.

Duties:

Physicians: Provide medical oversight including daily withdrawal management rounding, medication management and medical follow up. Provides initial admission orders and discharge orders. Physician on call 24/7.

Nurse Practitioner/Physician Assistant: Daily coverage that provide History and Physicals within 24 hours of admission. Follow up of any episodic medical issues.

Psychiatrist and Psychiatric Nurse Practitioner: Provide initial psychiatric evaluation, follow up and psychiatric medication management.

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Nursing Staff: Medication administration, vital signs, and withdrawal management assessments, nursing assessment and nursing monitoring.

Counseling Staff: Provides group and individual therapy, specialty group therapy, psycho social educational groups; lectures, case management and discharge planning. Coordinates all clinical/recovery care of patients including monitoring of progress and behavioral conduct on the unit.

Admission/Intake Specialists: Receives all intake calls from referents, family members/friends and potential patients; completes intake assessments, determines appropriateness and eligibility for admission; completes admission paperwork upon arrival for admission.

Department Managers: Oversees various department operational functions including environment services, dietary, patient financial services (billing and collection), clerical staff, medical records staff, facilities and safety management including buildings and grounds and security.

Staffing Patterns: Primary Counselor 6:1. Nursing staff ratio is based on withdrawal management acuity and volumes. Traditional nursing staffing is a minimum of 8 RN's and/or LPN's for all shifts.

Scope of Services Summary

Glenbeigh's mission is carried out without regard to gender identity, race, color, creed or socioeconomic status. An interdisciplinary approach is used to ensure comprehensive care for patients. Glenbeigh is staffed and equipped to provide treatment services to adults with alcohol and drug addictions. Care provided at Glenbeigh includes patient assessments, development of individualized treatment plans, collaboration with regulatory boards, referral services, access to pastoral care and family education.

In order to improve patient outcomes, Performance Improvement serves as the primary vehicle for assuring that a patient's needs are being met, and for the monitoring and managing of each case. Individual Indicators are conducted quarterly to assess and monitor quality of care.

When planning new services, market research is conducted and input is obtained from relevant sources. Proposed changes are approved by the President, Professional Staff Executive Committee and Board of Trustees. New service descriptions are documented, reviewed annually and revised as required.

Glenbeigh Scope of Services shall be available on the organization website (www.glenbeigh.com) for review by persons served, their family, significant others, and the public. Paper copies are available upon request, see Program

Centacts listed above,

President

Board of Trustees

Scope of Services

REV: 06/19, 9/22, 6/25, 11/25

Date